

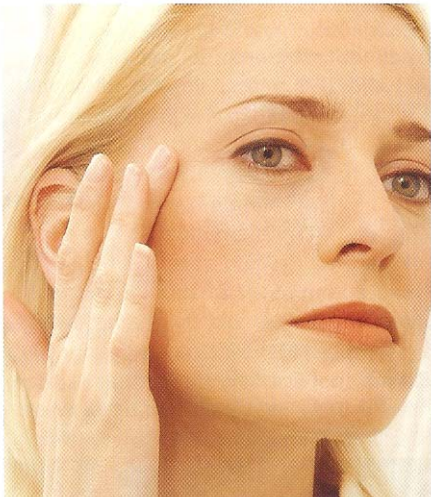
{ 2006 SEATTLE BEAUTY UPDATE }

life is beautiful

It's a jungle out there in the wide and sometimes weird world of beauty. Potions promising to peel back the boot print of gravity crowd the shelves of every retail outlet from Nordstrom to Wal-Mart. New advances in plastic surgery happen as often as an ex-contestant from *The Swan* vows a lawsuit for emotional damages. And trendy salons with the very latest don'ts in hairdos seem to pop up overnight like glamorous little toadstools. Nobody in their right mind has enough time (or money!) to sort the indispensable elixirs from the tiny little bottles of disposable snake oil. That's where we come in, with our comprehensive overview of what's new, exciting and—yes, even useful—in hair, skin, makeup and more. There really are exciting advances happening in beauty, and we're thrilled to share with you the very best of what we've found right here in Seattle.

SKIN IS IN

HAS YOUR BIRTHDAY SUIT SEEN ONE BIRTHDAY TOO MANY? TRY ONE OF THESE MINIMALLY OR NON-INVASIVE COSMETIC PROCEDURES OR TOPICAL TREATMENTS TO TURN BACK THE HANDS (FEET AND FACES, TOO) OF TIME



The Revive Facial

*Ummelina International Day Spa,
1525 Fourth Ave.;
206.624.1370; ummelina.com*

All facials at Ummelina now use the new technologies of Charme, which mists the face with fresh, electrolyzed, low-pH water on demand, and Revenir, which uses the same delivery system to deliver vitamin C, which is rich with antioxidants proven to accelerate the production of collagen and elastin. All this skin goodness feels like a refreshing and relaxing light rain on your face.